



# LISD

## Backpack Food Program



“Nourishing the bodies that nourish the minds!”

This is a *weekly* program that runs *throughout* the school year, including holidays! Your food, gift cards, and cash donations keep the program running.

### ABOUT THE PROGRAM

The LISD Backpack Food Program provides kid friendly meals for families in need across LISD. Each Friday, children in the program are provided food bags for the weekend. For some kids, this may be the only food they have until returning to school.

The program is run by Student Charities, a small non-profit group made up of volunteers with ties to LISD. All food is collected through donations from individuals and groups in the community.

### HOW YOU CAN HELP

#### Donate

**Food** can be dropped off at the donation bin in the front of the school near the library.

**Gift cards** can be left with the school counselor.

**Monetary donations** can be made by check to “Student Charities” and mailed to:

Student Charities  
P.O. Box 3393  
Cedar Park, TX 78630

### Needed Food Items

- Canned Spaghetios/Ravioli or similar
- Bags of Pasta and Pasta Sauce (Plastic jars or Cans – No Glass)
- Large & Small Cans of Tuna / Chicken /Vienna Sausages
- Tuna or Chicken Helper Meals
- Canned Beans – Pork &Beans, Ranch Style, BBQ, Pinto, Black, or Refried – No Spicy Flavors
- Kid Friendly Soup / Stew / Chili (Family & Individual Cans)
- Canned Vegetables or Potatoes
- Cereal (Individually Boxed Servings)
- Packets of Instant Oatmeal, Cream of Wheat, Malt-O-Meal
- Breakfast Bars, Fruit Bars, Granola Bars
- Fruit Cups / Applesauce Cups
- Individually Packaged Snack Items - Goldfish, Raisins, Cheese or Peanut Butter Crackers, Pretzels, etc.
- High Protein Snacks – Trail Mix, Nuts, Beef Jerky, Pumpkin Seeds
- Jello Cups / Pudding Cups
- Ramen Noodles (Chicken or Beef Flavored)
- Microwave Popcorn
- Crackers (Saltines, Ritz, or similar)
- Peanut Butter (Plastic Jars or Individual Servings)
- Jelly (No Glass)
- Bags of Rice, Pinto Beans or Black Beans
- Macaroni & Cheese (Family Size and Individual Servings)
- Instant Potatoes, Cornbread Stuffing
- Boxed Juice or Milk (Non-refrigerated)



Visit our website for donation receipts and to find out more about our program.

[studentcharities.my-pta.org](http://studentcharities.my-pta.org)